

## Current Innovations in the Field of Obesity and Eating Disorders

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### Editor Note

On behalf of the Board of the Journal of Obesity and Eating Disorders and my co-editors, I am glad to present the Volume 6, Issue 3 of the Journal. The Journal established in 2015 has now published 5 issues in a year. The Journal has indexed in Index Copernicus, Google Scholar, China National Knowledge Infrastructure (CNKI), Directory of Research Journal Indexing (DRJI), World Cat, Geneva Foundation for Medical Education and Research. Journal of Obesity and Eating Disorders is constantly attracting viewers across the world.

Most of the developed countries and developing countries are suffering with the non-communicable diseases. Obesity is the hazardous sign for the most of the health complications. Apart from genetic and other hormonal issues, causes of obesity may be overeating, less expenditure of energy, sedentary lifestyle, not being active includes relying on vehicles instead of walking and absence of performing works out. This scientific publishes all relevant topics in the area of obesity and eating disorders including

**Types of eating disorders and disturbances:** Anorexia Nervosa, Appetite loss secondary to depression, Binge eating disorder (BED), Binge eating episodes, Bulimia nervosa (BN), Compensatory Behaviors, Compulsive or compensatory exercise, Compulsive Overeating, Diabulimia, Eating Disorder not Otherwise Specified (EDNOS), Extreme exercising, Feeding Disorder of Infancy or Early Childhood, Food avoidance emotional disorder (FAED), Food refusal, Functional dysphagia, Hyperphagia, Marasmus, Night Eating Syndrome (NES), Pervasive refusal syndrome, Pica, Picky eating, Prader-Willi syndrome (PWS), Purging disorder, Restrictive eating, Rumination disorder, Selective eating.

**Eating disorders psychology and therapies:** Alexithymia, Behavioral Systems Family Therapy (BSFT), Cognitive behavioral

therapy (CBT) and Enhanced Cognitive behavioral therapy (CBT-E), Dialectical behavior therapy (DBT), Emotional eating, Experiential or expressive therapies, Grieving an eating disorder, Magic Plate, Mandometer Method, Meal Planning etc.

**Eating disorders symptoms and behaviors:** Amenorrhea, Anger, Anorexic behavior/temperament, Appetite, Calorie counting, Chewing and Spitting, Cognitive distortions, Dishonesty, Eating rituals, Fear of fatness, Food Preoccupation, Forbidden foods, Irritability, Ketosis, Lactose intolerance, Purge.

Eating Disorders Treatment, Associated and co-morbid conditions, Non-clinical eating disorders.

In the Current research articles of Obesity and Eating Disorders, FerencTúry et al. reported the role of the family and parents is crucial in anorexia proxy. Anorexia by proxy syndrome reflects some common features such as the extreme low body weight, the direct life threatening situation the chronic clinical course, the bad outcome and more interrupted therapies with deficient psychotherapeutic compliance in these syndromes.

Che Hassan HH et al. reported the role of bariatric surgery in morbid obesity patients. In their study they focused on the effect of BMI by bariatric surgery in morbid obese patient. Bariatric surgery cures the many complications in the morbid patients. This research investigation proves the reverse of medical complications like pulmonary hypertension and sleep apnea.

Continually Average downloads per article is expanded. All these are promising signs. We could arrive at this phase through the steady help of Board Members and intellectual generosity of the readers and contributors (authors and reviewers). One of the objectives of this journal is to encourage publication from different streams of research such as that helps to enrich further the discourse on Obesity and Eating Disorders.